

**THE COMPANIONS' ROSARY**  
**Praying the Holy Rosary**  
**In Original Blessing Theology**



**Introduction to The Companions' Rosary**

**Saying the Holy Rosary is a special focus of prayer and meditation that provides for each of us a state of contemplation and mystical connection.**

**When aligning to the Grace of Mary, we can have a sense of purpose in praying for others and ourselves. It can be a singular and private prayer or a community endeavor.**

**For those of us who are becoming steeped in Original Blessing Theology, the traditional prayers of the Holy Rosary can be daunting. When changing the wording to better reflect the concepts of Blessing Theology, it seems important to keep a sense of the timing and inflection of the prayers as we have learned them.**

**The Companions' Rosary is an attempt to combine the prayers of the rosary within present-day theology of original blessing.**

**To all whom feel called to pray in this way, prayers and blessings to you. May we all continue to connect, in whatever way we can, to the Holy One, to Mary and to each other.**

**And so it is.**

**The Sign of the "Cross". A Shield of Protection and Love.**

**The sign of the cross can impress on us the concept of a theology of sacrifice and atonement. The sign of the "cross", here, building on the trinity and St. Paul's greetings, can also be a Shield of Protection and Love.**

**In the name of Peace (hand at the forehead)**

**And Love (hand at the heart)**

**And Grace (The Infinity sign across from one shoulder to the other, and back to the heart.)**

**AMEN.**



**Rose Aglow,**  
DETrees, 2017

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**The Sign of Protection and Love**

**In the name of Peace and Love and Grace. Amen.**

**A Simple Companions' Creed**

**I believe in the Holy One, Lover, Creator, Enhancer, WHO IS Infinite  
and Present all at the same time.  
Our Field of PEACE in all things.**

**I believe in Jesus, Friend and Companion, who shows us the Face of  
God in our human form.  
Our Sign of LOVE in all things.**

**I believe in the Holy Spirit, Our Heart and Soul, moving within and  
among us.  
Our Show of GRACE in all things.**

**I believe in this, our creed, in our communion of angels and saints  
and in life everlasting.  
Amen.**

**The Prayer of Jesus**  
**(From Miriam Therese Winter)**

**O Holy One, who is within, around and among us.  
We celebrate your many names.  
Your Wisdom Come. Your will be done,  
Unfolding from the depths within us.  
Each day you give us all that we need.  
You remind us of our limits, and we let go.  
You support us in our power, and we act with courage.  
For you are the dwelling place within us,  
The empowerment around us,  
And the celebration among us,  
Now and forever. Amen.**



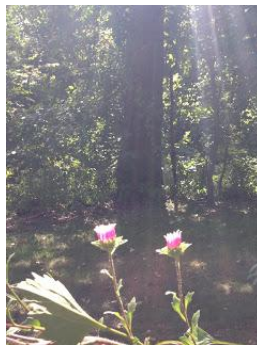
**The Hail Mary**

**Hail Mary, Full of grace, Our God is with you.  
Blessed are you among women,  
and blessed is the fruit of your womb, Jesus.  
Holy Mary, Mother and Friend,  
Be with us now, at our hour, and beyond. Amen.**



### **The Glory Be**

**Glory and Joy Be to Peace and Love and Grace.  
As it was in the beginning, is now and ever shall be,  
World without End. Amen.**



### **Hail Holy Mary**

**Hail Holy Mary, Mother and Leader, Our Life, our Sweetness and our Hope. You show us how to live with Courage in our convictions. You teach us to stand by each other with unending support and love.**

**Thank you for being with us now. Walk this path with us as you did with your son, Jesus. May we follow his example of inclusive love, as you taught him.**

**O Clement, O Loving, Sweet Mary of Nazareth. Be with us as we look to you.**

## Praying the Companions' Rosary

1. Make the Sign of the Protection and Love.
2. Say the *Simple Companions' Creed*.
3. On the first bead, say *The Prayer of Jesus*.
4. Say *The Hail Mary* on each of the next three beads.
5. Say *The Glory Be* on the fifth bead.
6. For each of the five decades, announce the Mystery or a special intention then say *The Prayer of Jesus*
7. While fingering each of the ten beads of the decade, say ten *Hail Marys* while meditating on the Mystery or Intention. Then say a *Glory Be*.
8. After saying the five decades, say the *Hail, Holy Mary*.



Diagram from USCCB, Accessed 9-29-19

## A PRAYER FOR YOU

For all who say the Companions' Rosary, a special Blessing from our Lady and Above. The Angels watch over you in Peace, Grace and Love.

With Joy and Appreciation for All,

Deb Trees, 2019  
Debra Trees, FCM, ARCWP